



Free Lockdown Resources for Families

We want our children to do more than survive during this COVID-19 quarantine/lockdown. We want them to thrive!

In this packet, you will find a comprehensive list of resources and activities for you to enjoy with your kids. And the best part is... they're all free!

(Internet access is required.)

The Printery
Products with purpose

www.theprintery.co.za

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www.hopeafrica.com

Disclaimer: Views and opinions expressed on websites linked to from this packet may not be the same as those of Hope Africa Collective or The Printery.



Learning / School

Support for learning at home from the South African Dept of Education:

Study material, multimedia, and reading material for different grades.

<https://education.gov.za>

Free homeschool curriculum: *Everything from preschool activities to 12th grade is here!*

<https://allinonehomeschool.com>

Homeschool resources by subject:

<https://thehomeschoolmom.com/homeschool-lesson-plans>

Free e-book library: *Reading is essential for kids!*

<https://home.oxfordowl.co.uk/>

Free audio books for children: *Also a vast library of audio books for sale.*

<https://stories.audible.com/start-listen>

Free language learning for kids: *3-months of free access to Rosetta Stone.*

<https://rosettastone.co.uk/lp/freeforkids>

Easy science experiments for kids: *Using items usually available at home.*

<https://bit.ly/50Scienceexperiments>

Scholastic learn-from-home site: *20+ days of learning and activities.*

<https://classroommagazines.scholastic.com/support/learnathome.html>

National Geographic Kids: *Learn about the world!*

<https://natgeokids.com>

Learning activities:

Grade R (Kindergarten) to Grade 3 - <https://starfall.com>

Grade R (Kindergarten) to Grade 6 - <https://abcy.com>

Grade R (Kindergarten) to Grade 7 - <https://funbrain.com>

Math games for all ages - <https://splashlearn.com>

Thinking games by grade - <https://allinonehomeschool.com/thinking>

60+ educational websites for high school students - <https://boredteachers.com/resources/60-educational-websites-for-high-school-students-quarantine>

Games, videos, activities, jokes, and more:

<https://pbskids.org>

<https://highlightskids.com>

Actors reading children's books with creative illustrations:

<https://storylineonline.net>





Experiences & Entertainment

Cirque Du Soleil: World-famous performance circus, Cirque Du Soleil, has released a 60-minute show for everyone to watch. Great entertainment for the whole family!

<https://cirquedusoleil.com/cirqueconnect>

Virtual museums: Pretend to travel the world! Go on a virtual tour of these 12 famous museums.

<https://travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

Kruger Park safari: During lockdown, Kruger Park is hosting 2 game drives live online each day. Interesting and informative! Questions are even answered by the game rangers.

<https://wildearth.tv/safarilive>

Virtual ocean dives: Immerse yourself in the ocean and marine sanctuaries without getting wet!

<https://sanctuaries.noaa.gov/vr>

Animal live streams:

Pandas - <https://nationalzoo.si.edu/webcams/panda-cam>

Baby goats - <https://goatmilkstuff.com/pages/goat-cam-livestreams>

Sharks, otters, penguins - <https://montereybayaquarium.org/animals/live-cams>

Zoo animals (even snow leopard cubs!) - <https://zoo.org.au/animals-at-home>

Puppies - <https://explore.org/livestreams/warrior-canine-connection>

Bald eagles - <https://explore.org/livestreams/bald-eagles/fraser-point-bald-eagle>

Google Street View: Makes you feel like you're walking down the road to wherever you want!

<https://google.com/streetview>

Virtual Disney rides:

<https://parents.com/syndication/watch-disney-rides-on-youtube>

Netflix documentaries to watch with kids:

<https://bit.ly/44netflix>

TED Talks to watch with kids:

https://ted.com/playlists/86/talks_to_watch_with_kids

Astronauts on the International Space Station read children's books!

<https://storytimefromspace.com/library>





Arts & Crafts



Drawing/art lessons for kids:

<https://bit.ly/drawingartlessonsforkids>

Fun ways to draw using the shape of your hands:

<https://youtu.be/qJNSOte9h4I>

Make your own dinosaur shadow puppet:

<https://nhmlac.org/make-your-own-dinosaur-shadow-puppet-and-screen>

Lunch Doodles with Mo Willems:

https://www.youtube.com/playlist?list=PL14hRqd0PELGbKihHuTqx_pbvCLqGbOkF

101 things to do with your kids during quarantine:

<https://bit.ly/101thingstodokids>

Art for Kids Hub:

<https://youtube.com/artforkidshub>

Very simple origami for kids:

<https://origamiway.com/very-simple-origami-for-kids.shtml>

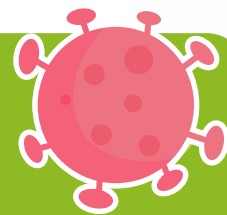
Origami for kids (more advanced):

<https://youtube.com/user/jeremyshaferorigami>





Understanding COVID-19



Frequently asked questions about the COVID-19 lockdown in South Africa:

<https://da.org.za/defeatingcoronavirus>

A Kids Book About COVID-19:

<https://akidsbookabout.com/pages/covid-19>

Coronavirus: A Book for Children:

<https://nosycrow.com/wp-content/uploads/2020/04/Coronavirus-A-Book-for-Children.pdf>

Experiment to show kids why we need to wash our hands:

<https://youtube.com/watch?v=U7ryO6E7ZUw>

National Geographic Kids explains COVID-19:

<https://natgeokids.com/za/discover/science/general-science/what-is-coronavirus>

Activities to help kids understand the science behind viruses, how they affect the human body, and how we can protect ourselves against infection:

<https://exploratorium.edu/learn>

Stay Active!

25 exercise games and indoor activities for kids:

<https://bit.ly/25exerciseforkids>

Stay active with kid-friendly workouts:

<https://bit.ly/kidsworkouts123>

Just Dance! video channel:

https://youtube.com/channel/UChljW4BWKLqpojTrS_tX0mg

PE with Joe:

<https://youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Indoor games:

<https://bit.ly/bestindooractivities>





Printables



Learning worksheets:

<https://kidsactivitiesblog.com/135766/learning-worksheets>

Lots of free printables for all grades:

<https://123homeschool4me.com/home-school-free-printables>

Make a quarantine time capsule: Record your COVID-19 experience.

<https://tinyurl.com/Covid19TimeCapsule-CA>

Stay-at-home activities BINGO:

<https://drive.google.com/open?id=1p8dL2qHWzeSFLWBr6N6eUdhflaItIMHp>

Lockdown diary for kids:

<https://mylockdowndiary.com>

For Parents

Short daily devotionals from Oswald Chamber's timeless classic, *My Utmost for His Highest*:

<https://utmost.org>

Simple exercises to keep you healthy, from the World Health Organization:

<https://bit.ly/WHOhomeexercise>

18 tips on working from home with children:

<https://bit.ly/18tipstocopewithchildren>

7 tips for parents assisting with schoolwork:

<https://bit.ly/tipsforparentshelpingschoolwork>





“If you want to
change the world,
go home and love
your family.”

– Mother Teresa

